

March 31, 2020 "Hold the Phone, Stay in your Zone."

4:00 PM

Big Horn County

COVID-19 Update/Response

For Immediate Release

I will once again update you on the status of COVID-19:

As of 7:48 am, we have 109 cases in Wyoming. We also have 26 people who have fully recovered and are not quarantined or hospitalized anymore. NO DEATHS. We still have NO CASES in Big Horn County, with 18 tested recently.

Majority of U.S. counties with no positive COVID-19 test results are in rural areas

The [AP](#) reports that "as the coronavirus rages across the

United States, mainly in large urban areas, more than a third of U.S. counties have yet to report a single positive test result for COVID-19 infections, an analysis by The Associated Press shows." According to the article, "of the counties without positive tests, 85% are in rural areas...that generally have less everyday contact between people that can help transmit the virus." The "counties with zero positive tests for COVID-19 have a higher median age and higher proportion of people older than 60 – the most vulnerable to severe effects of the virus – and far fewer intensive care beds should they fall sick."

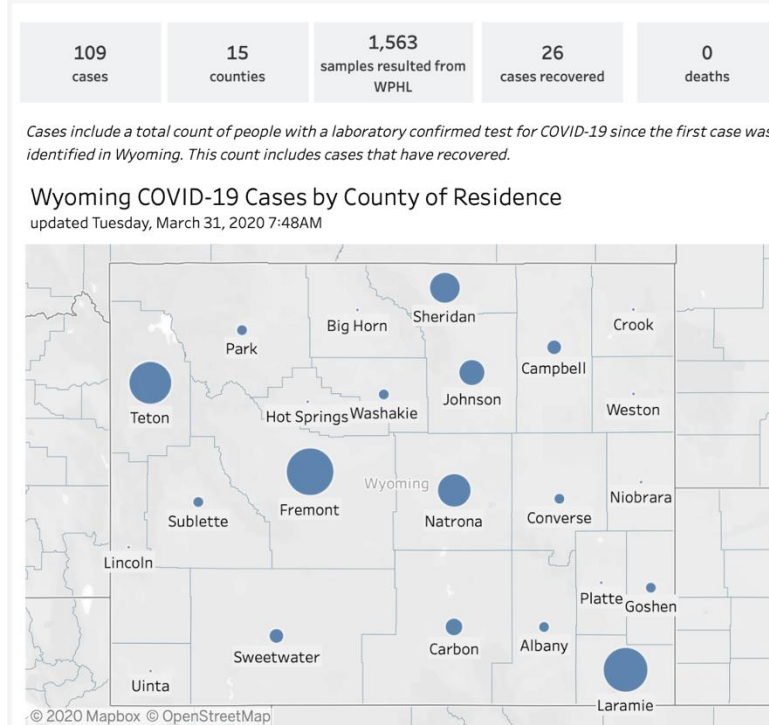
I had a conversation with Fremont County Health Officer, Dr. Gee today. He stated that they are working hard to keep people healthy by stressing social distancing measures. They currently have 4 people in the hospital on ventilators. Dr. Dusty Hill is on the front lines there testing people.

If any of you doubt that COVID is a reality, PLEASE WAKE UP. It is real. It is here! And we need to be smart and be responsible. Just because we don't have any positive tests doesn't mean it isn't in our community.

Please listen to my friends the Governor Mark Gordon, Dr. Alexia Harrist and Dr. David Wheeler who spoke at a news conference yesterday and gave additional guidance.

https://www.youtube.com/watch?v=f9KIWLT_cN0&feature=youtu.be&fbclid=IwAR00Awm5orVTGmGGW-Igzwn7YyveIRpr97Hic8A_DIPg6KXEJPFg43fTAi0

COVID-19 Map and Statistics





We need to stay home. 41 states have shelter in place orders. Let us be responsible and not force the Governor’s hand to make this another order for Wyomingites. Make a difference. **STAY HOME.** All the county leaders strongly urge you to follow **all three of the [State Health Orders](#), which as of **Friday were extended until April 17th****. The Governor stated, it is “absolutely imperative that they be respected.”

DO THE FIVE, STAY ALIVE

- Stay Home. Stay Distant. Stay Safe!
- Counter COVID with Clean Counters!
- Swerve the Curve!
- Kick the Panic!
- Curb the Spread, Keep your Head!
- Stay Home on The Range, To Avoid the Strains!
- Say your Prayers and Share your Cares.
- Don’t touch your FACE, Keep in your SPACE.
- “Hold the Phone, Keep in your Zone.”

If you need help finding a health care provider or additional information on COVID **call 211.**

Anyone who feels that they may be at risk of harming themselves, or who knows of someone in immediate danger of harming themselves, should **call 911**. Anyone experiencing suicidal thoughts is encouraged to call the U.S. National Suicide Prevention Lifeline at **[1-800-273-TALK \(8255\)](tel:1-800-273-TALK(8255))** or text **“WYO” to 741-741** for the Crisis Text Line. Veterans can call: 1 800-273-8255.

**DO THE FIVE
STAY ALIVE**

Help stop coronavirus

- 1 **HANDS** Wash them often
- 2 **ELBOW** Cough into it
- 3 **FACE** Don't touch it
- 4 **SPACE** Keep safe distance
- 5 **HOME** Stay if you can

**Veterans
Crisis Line**
1-800-273-8255 **PRESS 1**

Respectfully,

David Weston, Fairbanks, MD, FFAFP

Big Horn County Health Officer

Medical Commissioner, State Emergency Response Commission,
Wyoming Office of Homeland Security

Medical Director, Wyoming State Parks EMS

Chairman Wyoming EMS for Children

Medical Director, Shell Volunteer Fire Department & EMS

Medical Director, Big Horn County Search & Rescue

Medical Director, Antelope Butte Mountain Recreation Area & Ski Patrol



For Sources of Information on COVID-19:

1. [Big Horn County Public Health Website:](https://www.bighorncountywy.gov)
<https://www.bighorncountywy.gov>
2. Park County Public Health Coronavirus Information Line: 754-1870 or 527-1870 **(Updated regularly)**. **Big Horn County may use this.**
3. Up to date announcements from Wyoming Department of Health as they are released [Wyoming Department of Health Website](#)
4. [CDC Website](#)
5. [Wyoming Department of Health State Orders](#)
6. **Rumor Control:** This FEMA page is to help the public distinguish between rumors and facts regarding the response to COVID-19.

