

March 28, 2020 "STAY HOME ON THE RANGE TO AVOID THE STRAINS."

2:00 PM

Big Horn County

COVID-19 Update/Response

For Immediate Release

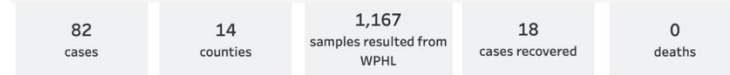
I will once again update you on the status of COVID-19:

We now have 82 cases in Wyoming. We also have 18 people who have fully recovered and are not quarantined or hospitalized anymore. NO DEATHS.

We still have NO CASES in Big Horn County, with 11 tested recently.

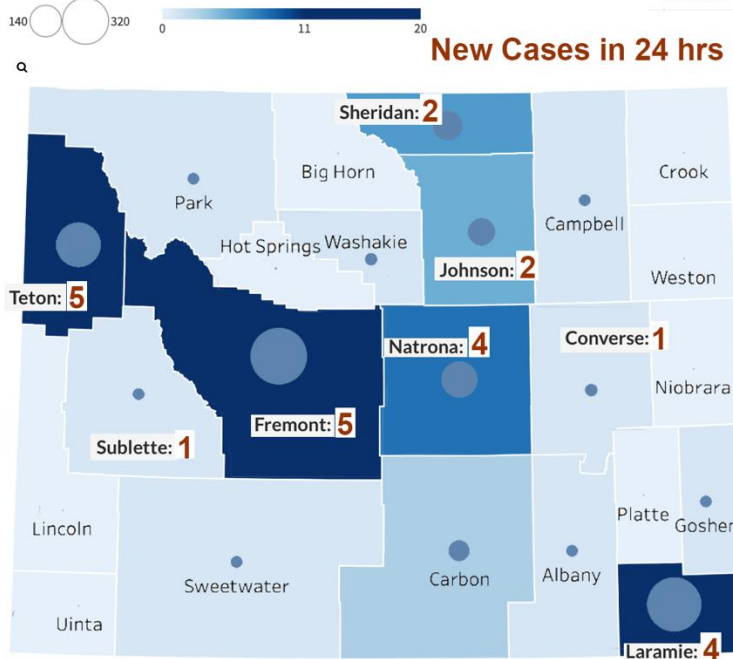
The U.S. now leads the world in COVID-19 infections. Many individuals aren't getting the message how important it is for us to work together to "STAY HOME ON THE RANGE TO AVOID THE STRAINS."

COVID-19 Map and Statistics



Cases include only people with a laboratory confirmed test for COVID-19.

Wyoming COVID-19 Cases by County of Residence
updated Saturday, March 28, 2020 6:29AM



COVID-19 GLOBAL SPREAD

	CONFIRMED CASES	RECOVERED	DEATHS
United States	104,860	894	1,711
Italy	86,498	10,950	9,134
China	81,996	75,099	3,299
Spain	72,248	12,285	5,690
Germany	53,340	6,658	399
Iran	35,408	11,679	2,517
France	33,437	5,724	1,998
United Kingdom	14,754	151	761
Switzerland	13,259	1,530	241
Korea, South	9,478	4,811	144

AS OF MARCH 28, 2020
SOURCE: JOHN HOPKINS CSSE



We can make a difference. But we need to STAY HOME. If you are sick, we don't want you to spread any illness that you may have, regardless if you think it isn't COVID-19. Illness strains everyone's immune system. When your immune system is working hard to fight a cold or other bacterial infection you are more susceptible to COVID-19. If you spread your infection to others, then they become more susceptible. Be smart. We have had documented cases of susceptible persons in our state travel to areas of higher contagion and become seriously ill. DO THE FIVE, STAY ALIVE.

The COVID-19 virus remains a serious threat to the health, safety and welfare of all residents of Wyoming and Big Horn County, and further efforts are needed to address, control and reduce the evolving threat posed by COVID-19.

We strongly urge you to follow *all three of the [State Health Orders](#), which as of yesterday were extended until April 17th*.
"Curb the Spread, Keep your Head."

<https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus/covid-19-orders-and-guidance/>

As the virus spreads, so does misinformation:
Here are the facts to BUST common MYTHS:

- FACT: Cold weather and snow CANNOT kill the new coronavirus.**
- FACT: COVID-19 virus CAN be transmitted in areas with hot and humid climates**
- FACT: Taking a hot bath DOES NOT prevent the new coronavirus disease.**
- FACT: The new coronavirus CANNOT be transmitted through mosquito bites.**
- FACT: Hand dryers are NOT effective in killing the new coronavirus.**
- FACT: Spraying alcohol or chlorine all over your body WILL NOT kill the coronavirus, once it has entered your body.**
- FACT: Regularly rinsing your nose with saline WILL NOT help prevent infection with the new coronavirus.**
- FACT: Eating garlic WILL NOT prevent infection with the new coronavirus.**
- FACT: You can use a washing machine that has cleaned an infected person's clothes.**
- FACT: You WILL NOT contract COVID-19 from a piece of mail or delivered package.**
- FACT: Donating blood during this time is safe. No cases of coronavirus or flu virus have been linked to blood exposure.**
- FACT: Wearing a facemask is unnecessary, unless you are in close proximity with an infected person. Please save these for healthcare workers who need them while caring for infected people.**
- FACT: Staying home, social distancing, washing hands, good hygiene and avoiding gatherings are still the best ways to protect you and your family.**

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters>
https://www.bannerhealth.com/healthcareblog/teach-me/how-coronavirus-can-be-transmitted?utm_source=newsletter&utm_medium=email&utm_campaign=consumer%20blast

Please do your part to stop the spread of COVID-19.



Help stop coronavirus

- 1 HANDS** Wash them often
- 2 ELBOW** Cough into it
- 3 FACE** Don't touch it
- 4 SPACE** Keep safe distance
- 5 HOME** Stay if you can

DO THE FIVE, STAY ALIVE

Stay Home. Stay Distant. Stay Safe!

Counter COVID with Clean Counters!

Swerve the Curve!

Kick the Panic!

Curb the Spread, Keep your Head!

“STAY HOME ON THE RANGE TO AVOID THE STRAINS!”

If you need help finding a health care provider or additional information on COVID call **211**.

Respectfully,

David Weston, Fairbanks, MD, FAAFP

Big Horn County Health Officer

Medical Commissioner, State Emergency Response Commission,

Wyoming Office of Homeland Security

Medical Director, Wyoming State Parks EMS

Chairman Wyoming EMS for Children

Medical Director, Shell Volunteer Fire Department & EMS

Medical Director, Big Horn County Search & Rescue

Medical Director, Antelope Butte Mountain Recreation Area & Ski Patrol



For Sources of Information on COVID-19:

1. Big Horn County Public Health Website:
<https://www.bighorncountywy.gov>
<https://www.bighorncountywy.gov/departments/public-health>
2. Park County Public Health Coronavirus Information Line: 754-1870 or 527-1870 (**Updated regularly**). **Big Horn County may use this.**
3. Up to date announcements from Wyoming Department of Health as they are released Wyoming Department of Health
Website: <https://health.wyo.gov/publichealth/infectious-disease-epidemiology-unit/disease/novel-coronavirus>.
4. CDC Website: <https://www.cdc.gov/coronavirus/2019-ncov/community/index.html>